



# Ambrosia

8<sup>th</sup> September 2019

Volume 1, Issue 3



**State Institute of Hotel Management,  
Catering Technology & Applied Nutrition,  
New Tehri, Uttarakhand**



**Ambrosia**



**State Institute of Hotel Management**







## A Glimpse of SIHMCT&AN

State Institute of Hotel Management, Catering Technology and Applied Nutrition (SIHMCT&AN) was established by Uttarakhand Tourism Development Board (UTDB), Govt. of Uttarakhand in September 2015 in New Tehri, Uttarakhand. The institute is running under registered State Government Society no. 162/2014-2015, started its first session from July, 2015. The society comprises Secretary-Tourism, Govt. of Uttarakhand as a Chairperson, Principal-SIHMCT&AN, New Tehri as a Member Secretary and 10 other members. SIHMCT&AN is a constituent Institute of Uttarakhand Technical University, Dehradun. The institute is awarding 4 year Bachelor degree in Hotel Management & Catering Technology. The institute is 110 km far from Dehradun and 94.5 km from Haridwar. It is located in 3M & L Block, Near Govt. Girls High School, Moldhar, New Tehri-249001.

SIHMCT&AN provides an unique environment for erudition. The institute is proud to accommodate students of different parts of Uttarakhand and India. The institute pledge to provide learning conveniences for the students to help them in achieving the prerequisite skills. The institute is fully equipped with appropriate laboratories, library and class rooms to acquire necessary skills in response to the demands of industry and changing requirements in hospitality sector. The institute is fully integrated with CCTV and Wi-Fi facility.

## Editorial

### Chief Patron:

**Dr. Narendra S. Chaudhari**

Vice-Chancellor, UTU.  
Dehradun

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### Editors:

**Mr. Rahul Sharma**

Assistant Professor

**Mr. Abhishek Chauhan**

Assistant Professor

It is indeed a matter of great happiness that SIHMCT&AN, New Tehri has successfully published its maiden issue of newsletter "Ambrosia" this year. I, on behalf of SIHMCT&AN family welcome all the readers. It is an annual newsletter that publish about the events & activities performed by SIHMCT&AN on annual basis.

"Ambrosia" has been formed to disseminate fruitful information to the society, students, industry, alumni & other parts of community. SIHMCT&AN has always adopted a student centric approach in its entire moves. We would continue to strive for excellence in all aspects and enable the students to exploit their full potential and develop them for industry in particular and society in general.

"Ambrosia" focuses on our initiatives in this regard and helps us in reaching the unreached.

I appreciate the efforts of entire team of "Ambrosia" for its third publication and hopeful that you will enjoy reading it. Look forward for offering you interesting issues ahead.

Happy Reading!!!

- Dr. Yashpal Negi



September 2018

## Quiz Competition – 2018.

On 30<sup>th</sup> August quiz competition was held in the Institute. There were total five rounds. Eight teams participated in the competition. First round was elimination round; six teams were selected for next four rounds. The names of the teams were after hotels that were Four Seasons, May Fair, Aloft, St. Regis, Marriott & Jaypee. The team who got first position was Marriot (Arun Negi & Shankar Chauhan), Jaypee got second position (Ankit Rangarh & Deepak Joshi) & May Fair got third position (Atul Rana & Gaurav Negi).



## Extempore Competition:

An extempore competition was held in on 30<sup>th</sup> August. Students explained about the topic that has given to them. After completion of the competition, the judges declared the result & the winners of the competition were Yash Gupta (first), Akshat Kala (second) & Aditya Dangwal (third).

## Teachers Day Celebration.

National Teachers day was celebrated on 5<sup>th</sup> September & it was organized by the students. Cultural programmes were also organised by the students of BHMCT. On this celebration students gave the gifts to the Director as well as to all the faculties of SIHMCT, New Tehri. Cake ceremony was also celebrated by the students.





## Founders Day – 2018:

Third Founder's day of our institute, SIHMCT, New Tehri" was celebrated on 8<sup>th</sup> September. The Chief Guest was Dr. U.S. Rawat, Vice-Chancellor, Uttarakhand Technical University, Dehradun & Mrs. Sonica (IAS) District Magistrate; Tehri Garhwal was the Guest of Honour. A Motivational & Appreciation speech by Dr. U.S. Rawat and Mrs. Sonica was delivered. Welcome Speech & Annual



report presentation was conveyed by the Director, SIHMCT, New Tehri. Various cultural programmes were also conducted on this occasion. At the end of event, the token of remembrance were presented by Dr. Yashpal Negi to Dr. U.S. Rawat Honourable Vice-Chancellor & to Mrs. Sonika (IAS) District Magistrate.

## Workshop on Entrepreneurship Development Jointly Conducted by State Institute of Hotel Management & Directorate of Industry:



On 12th September "Big journey began with small steps" In continuation to the two day joint workshop on Entrepreneurship Development organized by State IHM New Tehri and Directorate of Industry, New tehri Hon'ble Director Sir on the concluding

day delivered a motivational speech on the importance of entrepreneurship to pervade a sense of self motivation and self discipline among the students of State IHM, New Tehri.



## Activities during Housekeeping Week from 10th Sept. to 15th Sept.

SIHMCT & AN, New Tehri celebrated Housekeeping week from 10th Sept. to 15th Sept. 2018. All the students along with staff participated with full joy and energy and vowed to keep their areas clean and tidy in future. Various activities were scheduled for the students on the occasion of housekeeping week.



**Day 01 activity:** Theme based Poster Competition: In order to promote the awareness of pollution in Himalayas a theme based poster competition was organised under the theme: Himalayas & Pollution.



**Programme:** A parthenium eradication programme was conducted all around the College Campus & Hostel.

**Day 02 activity:** Parthenium Eradication





**Day 03 activity:** Towel Making Competition: The Art of Towel making was demonstrated and practiced by the students.



**Day 04 activity:** Rangoli Competition: In order to promote hygiene practices in villages, a Rangoli competition was organised. Student participated in teams. Student showed their

ideas with the help of vivid colours.

**Day 05 activity:** Plastic Bottle Painting: In order to promote three R's of Environment, waste plastic bottles were painted by the students with various colours under the theme: Healthy Mother & Healthy Baby.



**Day 06 activity:** To clean & upkeep ones workplace

## Fresher Party -2018:

Fresher's party (September, 19, 2018) was organized by BHMCT seventh & fourth year students to welcome their juniors. A series of cultural activities and fun events were organized by the students. The event was graced by a motivational speech delivered by Mr. Director, mentioning the importance of





fresher party in college life and career opportunities in hospitality industry, also he shared his college memories of fresher party. The freshers had their introduction round, ramp walk, musical chair competition and the judge's round followed by declaration of winners where Anuj Rawat was declared Mr. Fresher- 2018 by the appointed panel representatives (Mr. Abhishek Chauhan, Mr. Jaswant Jayara & Mr. Rajesh Nautiyal). The first runner up was Anuj Khanduri and the second runner was adjudged as Saurabh Rawat. The event ended with cake cutting ceremony followed by a lunch buffet and a dance session.

## Guest Lecture Series – 2018:

On 20th September 2018 Mr. Srinivas Reddy, F&B Manager at Taj Rishikesh Resort & Spa, conducted a series of lectures at SIHMCT, New Tehri on “Hospitality Growth, Career Prospects & Current Scenario of Food Service Industry” for BHMCT students.



October 2018

## Celebration of Gandhi Jayanti-

Celebrated Swachchata Abhiyan on Gandhi Jayanti – 2018.

On 2nd Oct. 2018 Gandhi Jayanti was celebrated by the SIHMCT faculties as well as staff. On this occasion



Swachchata Abhiyan was followed by all SIHMCT members. Cleaning around the hostel & college campus was fulfilled by all.

## Guest Lecture on Cyber Crime, Crime, Drugs & Traffic Rules:

On 4th Oct. 2018 the guest lecture was conducted for the students of BHMCT & was organized by SIHMCT, New Tehri, to spread the awareness among the students regarding Cyber Crime, Crime, Drugs & Traffic Rules. For this lecture Inspector Sundaram Sharma was invited to make students aware. Many issues were discussed among the students so that they should be aware about those crimes & further they also make other people aware.



November 2018

## Mystery Box Chef Competition – 2018:

SIHMCT & AN has organized a Mystery Box Based Food Chef Competition on 01st, 2nd & 3rd November 2018. On the first day of competition BHMCT 1st year students have participated enthusiastically and prepared fantastic dishes of different regions of the country. Teams were divided into the groups. The efforts of the students were appreciated by the judges, Asst. Professor Mr. Pradeep Negi & Mr. Kuldep Singh State IHM, New Tehri and Director–SIHMCT&AN, Dr. Yashpal Negi. At the end of the event Mr. Arun Negi & Saurabh





rawat were declared the winner of Budding Chef Competition at junior level. Mr. Saurabh Gusain & Rohan Kshetri and Mr. Uday Makhloga & Priyanshu Ramola were declared as 1st runner up & 2nd runner up respectively.

On the second day of competition BHMCT 2nd year students have entered in the kitchen with full of zeal & confidence. Again the groups were divided into groups of two participants. They prepared various delicious food stuffs of different countries.



The competition was judged by our judges, Dr. Yashpal Negi, Director-SIHMCT & Asst. Professor Mr. Pradeep negi, New Tehri. The judges have declared Mr. Suraj Singh & Atul Singh as a winner of the competition. Mr. Suraj Ramola & Mr. Akshat Kala stood at second respectively.

On the third day of competition BHMCT 4th year students have entered in the kitchen with full of zeal & confidence. Again the groups were divided into groups of two participants. They prepared various delicious food stuffs of different countries. The

competition was judged by our judges, Dr. Yashpal Negi, Director-SIHMCT, Asst. Professor Mr. Pradeep negi & Asst. Professor Mr. Jaswant Jayara, New Tehri. The judges have declared Mr. Ajay Thapliyal & Vinay Negi as a winner of the competition. Mr. Ashish & Mr. Deepak Sajwan stood at second respectively.

## Unnat Bharat Abhiyan Under MHRD Govt. Of India – 2018:

Sensadization Program was conducted by the SIHMCT&AN, New Tehri. The main theme of the program was Hygiene & Sanitation along with nutrition with special emphasis on maternal nutrition. Total 3 villages were cover mainly Village Guldi, Kuthha & Pongarh Khal from Chamba Block.





December 2018

## Commencement of Odd Semester External Theory Examination – 2018.

The odd semester external theory examinations have started from 18th December 2018 in the institute. All the necessary formalities had been completed well in time for the successful completion of the exams.



January 2019

## End of Odd Semester External Theory Examination

The odd semester external theory examinations have completed on 10th January 2019 in the institute. All the necessary formalities had been completed well in time for the successful completion of the exams.



## Training programme on 'Home Stay Operations' for the Entrepreneurs & Stakeholders by State IHM, New Tehri.

The Uttarakhand Tourism Development Board under Uttarakhand tourism decided to induce “Homestay Training Programme” with the assistance of the two institutes. One of them was the State Institute of Hotel Management, Catering Technology & Applied Nutrition, New Tehri. The syllabus of the training programme was in accordance with the syllabus shared by the UTUB.



The syllabus consists of a variety of teaching and training method like PowerPoint presentation, Group discussion, lecture method (one to many and one-to-one), activity. The topics covered are Tourism and its types, homestay concept, customer service and customer perception, Food and beverage services, Cookery, Housekeeping, welcoming the guest, logistics, record keeping, repeat business, budgeting, pricing and costing, package development, health, hygiene and



safety practices, environment friendly practices, Demonstration, complaint handling, marketing/promotions and other allied subject information.

A 13 day training programme was organised from 18th January 2019 to 30th January 2019 with RSETI, New Tehri as training partner. This extensive training

programme was done to create the entrepreneurship among the 25 participants. Major focus was on given on the cooking styles and techniques along with its service by practical method. In this training programme a detailed step-by-step process was also told for opening the homestay at home. Various government schemes were told by government officials and bank representatives. The last day a certification ceremony was done in the presence of Ms. Sonam Gupta, District programme Coordinator, Director, RSETI and Dr. Yashpal Singh Negi, Director, SIHM, New Tehri. February 2019





February 2019

## Tehri Lake Festival – 2019

The exhilarating, adventurous and an endless stretch of submarine water, i.e. the Tehri Lake Festival. The 3 day sports that was held from 25th to 27th February 2019 at the Tehri Lake by the Uttarakhand Tourism Development Board. The event was a dream come true for the adventure as the festival has its major focus on adventure activities and is one of the biggest adventure event in the state of Uttarakhand.



The program began with a cultural show. Photo booths and Food Courts were available for the visitors, so that the people can indulge on some scrumptious Pahadi food while having a gala time in the lap of the Himalayas.

## The events that was organized in the Tehri Lake Festival.

- ◆ Light & Sound show
- ◆ Celebrity fashion show
- ◆ Yoga & Meditation
- ◆ Bike rally
- ◆ Star Gazing
- ◆ Tehri art gallery/Handicrafts
- ◆ Paragliding
- ◆ Para jumping
- ◆ Hot air balloon
- ◆ Water skiing
- ◆ Jet skiing
- ◆ Rafting



## Master Chef Competition – 2019:

In the Tehri Lake Festival “Master Chef Competition” was held which was organized by State Institute of Hotel Management, New Tehri. Chef Mr. Sanjay Vij was the Chief

Guest who judged the Master Chef Competition event. In addition to this some of the finest players of cookery of the region had also record their presence in the event. Total 23 teams had participated from different regions. The event was appreciated by everyone.

Team IHM, Dehradun was the winner of this competition.

Here is the list of participated teams.

- ◆ Team – IHM DEHRADUN
- ◆ Team – gihm Dehradun-1
- ◆ Team – gihm Dehradun-2
- ◆ Team – ambrosia
- ◆ Team – THE RIMT, Dehradun
- ◆ Team – garh vyanjan
- ◆ Team – reet rasyan
- ◆ Team – flame kings
- ◆ Team – future chef
- ◆ Team – cmths, hnbgs university
- ◆ Team – ihm, meerut
- ◆ Team – cooks and chefs
- ◆ Team – monal
- ◆ Team – burans khand
- ◆ Team – gadh bhoj
- ◆ Team – flavours of himgiri
- ◆ Team – aroma of himgiri
- ◆ Team – ihm, kurukshetra
- ◆ Team – alpine a
- ◆ Team – alpine b
- ◆ Team – chef association of garhwal
- ◆ Team – SIHM NEW TEHRI (A)
- ◆ Team – SIHM NEW TEHRI (B) March 2019





March 2019

## Training programme on 'Home Stay Operations' for the Entrepreneurs & Stakeholders by State IHM, New Tehri.

Uttarakhand Tourism has conducted 03 days training programme at every District of Uttarakhand on 'Home Stay Operations' for the entrepreneurs & stakeholders with the training partner i.e. State IHM, New Tehri from 25th – 27th Mar 2019, This scheme was conducted in different regions of Uttarakhand i.e. Uttarkashi, Chamoli, Pauri, etc. The main motive of this scheme is to promote tourism.

### **District: Pauri Garhwal**

Pauri Garhwal district was covered from 25th April to 27th April, 2019. Mr. Jaswant Jayara and Mr. Kuldeep Singh, Assistant Professor, SIHM, New Tehri imparted the required training to the participants. In the three day programme the total numbers of participants were fifteen. The training partner was DTDO office, Pauri Garhwal, Around 5 participants were running their respective homestay in their village and rest were in the registration phase of their homestay. The Participants were interactive and enthusiastic and asked a good amount of questions regarding the problem they are facing the running/opening homestay. The training started at 11:00 AM to 4:00 PM with one hour lunch break in all three days. The venue of the training was GMVN Tourist Bungalow, Pauri. On the last Day, Mr. Atul Bhandari, District Tourism Development Officer, Pauri Garhwal, distributed the certificates to the participants. The major focus was given to Customer service and marketing in Pauri district.

### **District: Uttarkashi**

Uttarkashi District was covered from 26th April to 28th April, 2019. Mr. Abhishek Singh and Mr. Rajesh Nautiyal, Assistant Professor, SIHM, New Tehri conveyed the obligatory training to the participants. The training partner was DTDO office, Uttarkashi. A total of 15 participants were present in the training in which four were females. All the participants were running their homestay at different location



like, Harshil, Gangnani, Dayara Bugyal base and nearby place of Uttarkashi along with Uttarkashi Town. The participants were very collaborative and passionate about the training programme. As they all were running homestay, therefore they had issues regarding the package development and online channels of reservation. The training was from 10:00 AM to 4:00 PM with one hour lunch break in all three days. The venue was Birla Dharamshala, Uttarkashi. The major focus was given on the online promotion, image development and different online reservation techniques and channels. The last day, DTDO official, Uttarkashi answered all the questions of participants and homestay owners regarding policy and updating their homestay information on the Uttarakhand tourism website. Participants also visited the room categories of the GMVN, Uttarkashi.



## **District: Chamoli Garhwal**

Chamoli district was covered from 28th April to 30th April, 2019. Mr. Jaswant Jayara and Mr. Kuldeep Singh, Assistant Professor, SIHM, New Tehri conveyed the essential training to the members. In the three day course the total numbers of participants were thirty one. In which two were female. All the participants were running/registered homestay at their respective place. The participants were very keen to learn the academic part of the training. The training programme was from 11:00 AM to 4:00 PM with one hour lunch break in all three days. The venue of the training was GMVN Tourist Bungalow, Joshimath. A trip was also organised with the help of DTDO office Chamoli in the homestay of Auli. Along with this an excursion trip was also done with participants in skiing slopes of Auli, Joshimath. The major focus was given to customer experience in Chamoli district. The last day, Mr. Heera Lal Arya, Assistant Tourism officer, Chamoli Garhwal distributed the certificates to the participants.



## Feedback/Suggestions by the Participants

The participants had various suggestions in regard to Homestay training programme, which are as follows:

- ♦ The participants suggested that they should have these programmes frequently. This helps them to get the overview of latest trends in this field.
- ♦ A number of issues were asked which were mainly of administrative level. These queries ranged from policy interpretation to subsidies and taxes.
- ♦ Another problem which was shared was vis-à-vis communication problem in regard to internet connectivity. Due to this they are not able to find new information of the outside world. Even they are not able to get online queries and reservations.
- ♦ Updating the website of Uttarakhand Tourism from time to time: The information of the homestay given in the website of the Uttarakhand tourism is not up to date. A major problem is of the picture shared by government website, which was not accurate.

## Follow-up of Training Programme

Following heading can be implemented for the training programme.

**Homestay Certificate and Plaque:** The collaborative partner of training programme which is UTUB should provide a training certificate to the beneficiaries along with a plaque. This plaque should be hanged in the homestay (the place where the guest is staying). This plaque should mention the approval of the guest house by the respective authority.

**Validity Period of training:** The training which is given to the beneficiaries should have a fixed validity (of let's say two year). This will cause them to take training on a required frequency basis.

**Assessment method and approach:** The training given to the beneficiaries should be assessed by the trainer on a quantitative based questionnaire. The approach to evaluate the questionnaire should be self-basis only. i.e. the beneficiaries will evaluate the questionnaire themselves only the supervision of the trainer.

**Audit process:** a self-audit system must be designed for the homestay owners in local language. This system must consist of a check-list which will be given at the time of training and need to be submitted on the next meeting of the training. This check-list must be uploaded in the UTDB website in pdf format and must be easily accessible by the homestay owners. The homestay owners cannot be penalised for any missing information on the checklist by the UTDB. This will create a habit of checklist in the

homestay owners, which will be extended on quarterly basis on later stages.

**Certification body:** The UTDB will be solely the certification body of the training programme. The district office must have certificates in advance of the process.

**Co-operative teams of homestay owners:** The homestay owners must be encouraged by the make co-operative teams, which will run in parallel to the duties and responsibilities of Quality circles. These teams must have meet on monthly basis and discuss the problems faced by them. A report regarding this must be submitted to the district UTDB office via post/online medium.

**Strategies of homestay up gradation:** If a homestay owner wants to upgrade its respective homestay from bronze to silver or from silver to gold, then this must be done on express way after submitting the required documents and other allied formalities.

**Registration of Trainer:** The trainer for this homestay training programme must be registered under UTDB to increase the credentials of the trainer and will be beneficial for the trainer as well as the beneficiaries also.

## Refreshment course strategies

The training programme for the homestay owners and beneficiaries need to done at fixed time, which should be arranged apart from non-agricultural season and must be in parallel to the non-exam months of colleges.

The refresher training should be done on „seasonal. basis. The curriculum of this refreshment training should be designed by the UTDB keeping in mind the problem faced by the homestay owners. The collaborative institutes must be informed about the designed syllabus in advance (more than 1 month). The UTUB must take responsibility to arrange the place and informing the beneficiaries along with trainer to arrange refreshment training.

## Field Work on Environment Studies:

The students of BHMCT 2nd and 8th semester were taken out by the faculties of SIHMCT&AN, New Tehri for the field work related to their





subject i.e. Environment Studies. The main motive of this field work is to give the knowledge or information to the students about environment, global warming, etc.



The field work was done as per requirements in the syllabus of Environment science/studies.

In this study the students were taken into the forest nursery of the Ranichauri range. The students were informed about the various plants, herbs and shrubs along with

its social, medicinal and economical effect on the forest and local livelihood. The students further took a short walk inside the forest to clean up the area.

April 2019

## Voting Awareness Campaign:

Voting Awareness Campaign was organized by State IHM, New Tehri on 02 April, 2019. The purpose of this campaign is to spread the awareness among the people about the importance of their voting power. So, that the people gathers in more population by involving or contributing their role to show their importance.



## Hospitality Competition Held in IHM Dehradun – 2019:

On April 2019, IHM Dehradun had organized a Hospitality Contest, in which two of our students from BHMCT 6th semester had participated in the competition i.e., Mock tail preparation. It was a great exposure for the students. Both of the students have performed fantastically in the event of the competition and were appreciated by the judging panel. The two students who participated are Mr. Sanjay Negi and Mr. Saurav Negi.



May 2019

## Campus Placement Drive At State IHM, New Tehri By Taj

State IHM, New Tehri organized a campus placement for the students of final year on 20-05-2019. The major company was Taj Hotels and Resorts which came with four delegates as interviewer which were- Senior Manager HR & Admin, Manager H.R, Sous Chef and Learning and Development Coordinator.



The whole process of placement started with Induction programme by the delegates in which they discussed the opportunities for joining Taj Hotels and Resorts along with succession planning. At the end of the session they interacted with the students regarding their queries related to the hotel and their policies regarding career advancement.



The whole students were divided as per their specialization therefore the first round for students who were interested in Food Production was Trade test in which the students prepared a variety of dishes from the world cuisine. The round was mainly evaluated by the



Sous Chef. These Kitchen specialized students also gave their Personal Interview along with students of other specializations like Food and Beverage Service, Front Office and House Keeping and were judged by the panel of above said delegates. The interviewers were satisfied with the performance of the students at interview and would share the results soon via mail. This was followed by a cordial lunch at the

Training Restaurant which was fully organized by the students. At the end the Director State IHM, New Tehri gave saplings and seed bomb to the delegates as a token of remembrance and affection.





## State IHM, New Tehri CAMPUS PLACEMENT— Batch (2015-2019)



**Ashish Sajwan,**  
Taj Gateway  
Hotel, Nasik  
(F&B Service)/  
Sky Gourmet  
Flight Catering,  
Hyderabad  
(Food Production)



**Deepak Singh**  
Taj Gateway Hotel,  
Nashik /  
Ramada Gurgaon  
Central  
(F&B Service)



**Gautam Kumar**  
Ramada, Udaipur,  
(Front Office)  
Regenta LP Vilas,  
Dehradun  
(Front Office)



**Ashish Sariyal**  
Radisson Blu,  
Amritsar  
(Housekeeping)/  
Radisson Blu,  
Faridabad  
(Housekeeping)



**Ajay Thapliyal**  
Taj Gateway, Nasik  
(Food Production)  
/ Ramada Gurgaon  
Central  
(Housekeeping)



**Manjeet Panwar**  
Ramada Gurgaon  
Central  
(Housekeeping) /  
Sky Gourmet  
Flight Catering,  
Hyderabad  
(Food Production)



**Ankit Rangarh**  
SkyGourmet  
Flight Catering,  
Hyderabad  
(Kitchen)



**Atul Punetha**  
Meuse Business &  
Luxury Hotel,  
Nasik  
(Front Office)



**Mukul Singh**  
Ramada Gurgaon  
Central  
(Housekeeping)/  
Meuse Business &  
Luxury Hotel,  
Nasik /  
Sky Gourmet  
Flight Catering,  
Hyderabad  
(Food Production)



**Nariom Singh**  
Ramada Gurgaon  
Central  
(F&B Service)/  
SkyGourmet  
Flight Catering,  
Hyderabad  
(Food Production)



**Pradeep  
Mishra**  
Meuse Business &  
Luxury Hotel,  
Nasik  
(Food Production)/  
SkyGourmet  
Flight Catering,  
Hyderabad  
(Food Production)



**Deepak Joshi**  
Meuse Business &  
Luxury Hotel,  
Nasik  
(Housekeeping)/  
Radisson Blu,  
Amritsar  
(Housekeeping)



**Anand Nautiyal**  
Taj Hotel & Resort,  
Rishikesh  
(Housekeeping)/  
Sky Gourmet  
Flight Catering,  
Hyderabad  
(Food Production)



**Manjeet Rana**  
Meuse Business &  
Luxury Hotel, Nasik  
(Housekeeping) /  
SkyGourmet  
Flight Catering,  
Hyderabad  
(Food Production)



**Vinay Negi**  
Taj Gateway,  
Nasik  
(Kitchen)



**Jitendra Singh**  
Taj Hotel &  
Resort, Rishikesh  
(F&B Service)

## State IHM, New Tehri Campus Placement Batch (2015-19)

State IHM, New Tehri organized a campus placement for the students of final year from 21-05-2019 to 25-05-2019. The interview was given by the students through Telephonic & Video conferencing and the major companies were Ramada(Gurgaon), Ramada(Udaipur), Taj Gateway(Nasik), Sky Gourmet Flight Catering(Hyderabad), Radisson Blu(Amritsar), Radisson Blu(Faridabad), Meuse Business & Luxury Hotel(Nasik), Regenta(Dehradun).

The whole students were divided as per their specialization i.e. Food Production, Food and Beverage Service, Front Office and House Keeping and were judged by the interviewer. The interviewers were satisfied with the performance of the students at interview.



## Commencement of Even Semester External Theory Examination – 2019:

The even semester external theory examinations have started from 27th May 2019 in the institute. All the necessary formalities had been completed well in time for the successful completion of the exams.



June 2019

## End of Even Semester External Theory Examination

The even semester external theory examinations have completed on 10 June 2019 in the institute. All the necessary formalities had been completed well in time for the successful completion of the exams.



## World Yoga Day

It was a great event and everyone enjoyed this event to the fullest.

Mr. Rahul Sharma, who is an Asst. Professor in our institute, guided the students with different ASANAS and explained their importance in our daily life.

International Day of Yoga, or



commonly and unofficially referred to as Yoga Day, is celebrated annually on June 21 since its inception in 2015.

An international day for yoga was declared by the United Nations General Assembly (UNGA) on December 11, 2014, almost unanimously.

Yoga is only the medicine that can prevent from any type of diseases. While including the habit of

performing yoga in our daily life which will give piece and relaxation to mind as well as body.



## Industrial Exposure:

State Institute of Hotel Management, Catering Technology & Applied Nutrition

3M & L Block, Near GGHS, Moldhar, New Tehri, Uttarakhand-249001

Date: 21/05/19

### 22 Weeks Industrial Training of BHMCT 5<sup>TH</sup> Semester -2019

S.No.	Name of the Student	Hotel Allotted	Date of Joining	Report to
1.	Aditya Dangwal	Holiday Inn, New Delhi	25 <sup>th</sup> June 2019	Ms. Purnima Tyagi Manager-Training
2.	Akshat Kala	Taj Agra, Agra	25 <sup>th</sup> June 2019	Mr. Rohit Pawar, Associate-HR
3.	Ashish	Taj Agra, Agra	25 <sup>th</sup> June 2019	Mr. Rohit Pawar, Associate-HR
4.	Ashish Chaudhary	Ramada Gurgaon Central, Gurugram	25 <sup>th</sup> June 2019	Ms. Kavita Adhikari Manager-HR
5.	Atul Negi	Ramada Gurgaon Central, Gurugram	25 <sup>th</sup> June 2019	Ms. Kavita Adhikari Manager-HR
6.	Nitesh Chandra Gairola	Ramada, Udaipur	25 <sup>th</sup> June 2019	Mr. Ahmad Raja Manager-Talent & Culture
7.	Rahul Sariyal	Radisson Blu, Gurgaon	25 <sup>th</sup> June 2019	Ms. Jyotsna Grover, Manager-Training
8.	Rajat Singh	Ramada, Udaipur	25 <sup>th</sup> June 2019	Mr. Ahmad Raja Manager-Talent & Culture
9.	Rajesh Singh	Taj Agra, Agra	25 <sup>th</sup> June 2019	Mr. Rohit Pawar, Associate-HR
10.	Robin Singh Ramola	Radisson Blu, Gurgaon	25 <sup>th</sup> June 2019	Ms. Jyotsna Grover, Manager-Training
11.	Sachin Singh Rawat	Radisson Blu, Gurgaon	25 <sup>th</sup> June 2019	Ms. Jyotsna Grover, Manager-Training
12.	Shekhar Negi	Radisson Blu, Noida	25 <sup>th</sup> June 2019	Ms. Niharika Sharma Asst. Manager-HR
13.	Suraj Ramola	Taj Agra, Agra	25 <sup>th</sup> June 2019	Mr. Rohit Pawar, Associate-HR
14.	Suraj Singh	Ramada Gurgaon Central, Gurugram	25 <sup>th</sup> June 2019	Ms. Kavita Adhikari Manager-HR
15.	Vanshu Prakash Raturi	Ramada, Udaipur	25 <sup>th</sup> June 2019	Mr. Ahmad Raja Manager-Talent & Culture
16.	Vikash Singh Chauhan	Radisson Blu, Gurgaon	25 <sup>th</sup> June 2019	Ms. Jyotsna Grover, Manager-Training
17.	Vikash Singh Negi	Ramada, Udaipur	25 <sup>th</sup> June 2019	Mr. Ahmad Raja Manager-Talent & Culture
18.	Yash Gupta	Oberoi, New Delhi	25 <sup>th</sup> June 2019	Mr. Divyansh Kaushik, Sr. Manager-Training

The student of BHMCT 5th semester (3rd Batch) (2017-21) has gone for the industrial training for 22 weeks in which they will learn about the practical knowledge in the industry. The students will take the training in four core departments i.e. Food Production, Food & Beverage Service, Front Office & Housekeeping.

July 2019

## Commencement of Odd Semester – 2019:

After the successful completion of even semester examination, odd semester classes have been commenced from 8th July 2019. The institute has resumed the theory and practical classes of BHMCT 3rd & 7th semesters.



## Remembering the Sacrifice of Sridev Suman the Great Martyr of Uttarakhand.



On 25th July Dr. Yashpal Negi director of SIHMCT and all the faculties of the institute gave the tribute to the great martyr of Uttarakhand and also remembering the sacrifice of Sridev Suman during his fight with the King of Tehri who called as Bolanda Badri (speaking Badrinath), he demand complete freedom for the Tehri. On 30th December 1943 he was declared a rebel and arrested by Tehri kingdom.

When the whole of India was fighting to be free from rule from the British government, Sridev Suman was advocating that Tehri Riyasat be free of the rule of King of Garhwal. He was a great fan of Gandhi and used the nonviolence way for the freedom of Tehri.

He decided to go on hunger strike. Jail staff tried to give him food and water forcibly, with no success. After being in prison for 209 days, and on hunger strike for 84 days, Shri Dev Suman died on 25 July 1944.

## Counselling of BHMCT (2018-19):

Uttarakhand Technical University, Dehradun has been started BHMCT first counselling from 05th Aug to 8th Aug 2019 and the second counselling will start from 18th Aug to 20th Aug 2019. The university has already introduced the online mode for the counselling of BHMCT.

August 2019

## Independence Day Celebration-2019:

The institute celebrated 73rd Independence Day with full zeal and zest. The main motto of the Independence Day celebrations was to boost and spread freedom thoughts & national integrity among college students. Students of all semester took the opportunity to decorate their classes and also showcase the spirits of their unity and integrity for Independence Day. The flag hoisting ceremony held at 9:00AM flowed by a series of cultural programs on patriotic theme. With the support of each individual the day was successfully accomplished to the fullest satisfaction.

**उत्तराखण्ड तकनीकी विश्वविद्यालय, देहरादून**  
 कक्षाएँ/समय - सुबह 8:00 बजे, दोपहर 1:00 बजे, शाम 5:00 बजे, रात 9:00 बजे  
 फोन नं० 0135-274567, 274600, 274601, 274602, 274603, 274604, 274605, 274606, 274607, 274608, 274609, 274610, 274611, 274612, 274613, 274614, 274615, 274616, 274617, 274618, 274619, 274620, 274621, 274622, 274623, 274624, 274625, 274626, 274627, 274628, 274629, 274630, 274631, 274632, 274633, 274634, 274635, 274636, 274637, 274638, 274639, 274640, 274641, 274642, 274643, 274644, 274645, 274646, 274647, 274648, 274649, 274650, 274651, 274652, 274653, 274654, 274655, 274656, 274657, 274658, 274659, 274660, 274661, 274662, 274663, 274664, 274665, 274666, 274667, 274668, 274669, 274670, 274671, 274672, 274673, 274674, 274675, 274676, 274677, 274678, 274679, 274680, 274681, 274682, 274683, 274684, 274685, 274686, 274687, 274688, 274689, 274690, 274691, 274692, 274693, 274694, 274695, 274696, 274697, 274698, 274699, 274700, 274701, 274702, 274703, 274704, 274705, 274706, 274707, 274708, 274709, 274710, 274711, 274712, 274713, 274714, 274715, 274716, 274717, 274718, 274719, 274720, 274721, 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## A Brief History of Tehri

Lying on the southern slopes of outer Himalayas, TehriGarhwal is on the sacred hilly districts of Uttarakhand State. Before the creation of universe, Lord Brahma is said to have meditated on this sacred land. Muni-ki-Reti and Tapovan of the district are the places of penance for the ancient Rishis. Its hilly terrain and lack of easy communications have helped it to preserve its culture almost intact. Tehri and Garhwal are the two words combined for naming the district as TehriGarhwal. While the prefix Tehri is the corrupted form of the word 'Trihari' which signifies a place that washes away all the three types of sins, namely sins born out of thought (Mansa), word (Vacha) and deed (Karmana), the other part 'Garh' means country fort.

Earlier the whole of the Garhwal region was divided into small 'Garhs' ruled by separate independent kings known as Rana, Rai or Thakur. It is said that the prince Kanakpal who hailed from Malwa visited BadrinathJi (presently in Chamoli district) where he met the then mightiest king BhanuPratap. King BhanuPratap was impressed with the prince and got his only daughter married to him and also handed over his kingdom. Gradually Kanakpal and his descendents extended their empire by conquering all the Garhs. Thus up to 1803 i.e. for 915 years the whole of the Garhwal region remained under their control.

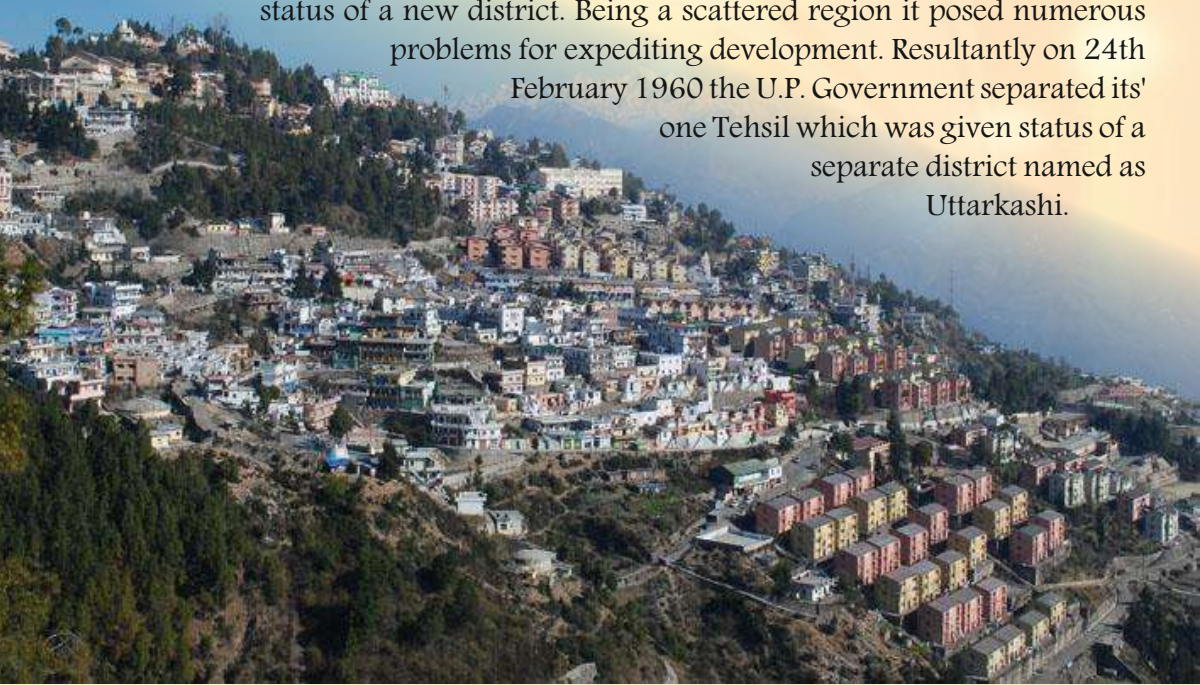
During 1794-95 Garhwal was under the grip of severe famine and again in 1883, the country was terribly shaken by an earthquake. Gorkhas had by then started invading this territory and heralded their influence over the region. The people of the region being already affected by natural calamities were in the deplorable condition and therefore could not resist

Gorkhas invasion. In 1803, therefore, they again invaded Garhwal region when King Pradumn Shah was the ruler. King Pradumn Shah was killed in the battle in Dehra Dun but his only son (Sudarshan Shah was minor at that time) was cleverly saved by the trusted courtiers. With the victory of Gorkhas in this battle their dominion was established in Garhwal region. Later on their kingdom extended up to Kangara and they ruled over this region continuously for 12 years before they were thrown away from Kangara by Maharaja Ranjit Singh. On the other hand Sudarshan Shah could manage help from East India Company and got his kingdom freed from Gorkha rulers. The East India Company merged Kumaon, Dehra Dun and east Garhwal in the British Empire and the west Garhwal was given to Sudarshan Shah which was then known as Tehri Riyasat.

King Sudarshan Shah established his capital at Tehri town and afterwards his successors Pratap Shah, Kirti Shah and Narendra Shah established their capital at Pratap Nagar, Kirti Nagar and Narendra Nagar respectively. Their dynasty ruled over this region from 1815 to 1949.

Ultimately when the country was declared independent in 1947, the inhabitants of Tehri Riyasat started their movement for getting themselves freed from the clutches of Maharaja. Due to the movement the situation became out of his control and was difficult for him to rule over the region. Consequently the 60th king of Pawan Vansh Manvendra Shah accepted the sovereignty of Indian Government.

Thus in 1949 Tehri Riyasat was merged in Uttar Pradesh and was given the status of a new district. Being a scattered region it posed numerous problems for expediting development. Resultantly on 24th February 1960 the U.P. Government separated its one Tehsil which was given status of a separate district named as Uttarkashi.







## **State Institute of Hotel Management, Catering Technology & Applied Nutrition, New Tehri**

**Governed by Uttarakhand Tourism Development Board**  
(Govt. of Uttarakhand)

**A Constituent Institute of Uttarakhand Technical University**

(A State Govt. University)

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